



WOLF E-NEWS

from Westside High School

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February 19, 2018

Principal Stewart Honored for Harvey Efforts

Westside Principal, Peggi Stewart, was recently honored by the Ford Motor Company as a Ford Freedom Unsung "Heroes of Harvey" Award recipient. Ford celebrated individuals who made significant contributions in their communities during Hurricane Harvey relief efforts.

Made possible by a grant from Ford Motor Company Fund, the philanthropic arm of Ford Motor Company, *Ford Freedom Unsung* salutes and honors individuals who went above and beyond to support the community during a very difficult time. When many of our West Houston neighbors desperately needed a safe and dry place to regroup, Mrs. Stewart welcomed them into the school, rallied the community for supplies and volunteers, and provided support and comfort for those in need. Mrs. Stewart was nominated by a Westside student.

"In the face of tremendous difficulty, Houstonians came together to support each other and their community,"

said Pamela Alexander, director of Community Development, Ford Motor Company Fund. "We congratulate the winners and are proud to honor their selfless acts."

Mrs. Stewart was humbled by the award and feels she shares the honor with the HISD officers and volunteers who worked alongside her that day.



Principal Peggi Stewart with her husband, Charlie, and Houston Mayor Sylvester Turner

Calendar

Tues., 2/20

College Visit, Univ. of Southern Alabama, 1:30 PM in A205

Boys Basketball Playoff Game vs. Cy-Springs, 7:00 PM at Cy-Ranch High School

Wed. 2/21-Fri. 2/23

Paw Pals Donation Drive, 7-7:45, Commons

Ecology Club Dodgeball Tournament, A-Lunch, Practice Gym

Thurs., 2/22

Black History Month Presentation, 11:30 AM in the Black Box

Fri., 2/23

Together with Tech Competition

Sat., 2/24

Super Saturday Credit Recovery, 8 AM-12Noon

Boys Basketball Heading to Playoffs

Westside Wolves vs. Cy-Springs



**Tuesday, Feb.20th
7:00 PM
Cy-Ranch High School
\$5 admission**

Student Spotlight: Ian Gunther

2018 CKW LUXE STAR AWARDS

Ian Gunther: An Athlete with a Plan



recipient of the Academic All-America Award, a student-athlete recognition program.

When Ian was just four and a half, his mother recognized the need to harness his energy and channel it in the right direction, so she signed him up for recreational gymnastics. Ian's coach at the time quickly recognized his talent for the sport and suggested his parents place Ian in a competitive gymnastics program at a nearby gym. They followed the coach's advice. Eventually, Ian found his ideal match with Cypress Academy of Gymnastics. Today, he is in level 10 artistic gymnastics at Cypress and the team captain.

Ian's favorite event is the pommel horse. Watching him perform the event, you can understand why. He completes each move with the athleticism and perfection of someone who is clearly devoted to it. As a matter of fact, he performs all events the same way, which is just what you would expect from an all-round artistic gymnast.

Ian knows the value of hard work and dedicates many hours of every day to his chosen sport. As a reward, he has received numerous national medals and awards and has been on the Junior Olympic Development Team twice. In 2017, he took the gold medal on rings and parallel bars at the Junior Olympic Nationals meet.

Ian also understands that with hard physical work often come trials that must be surmounted. Injuries are a part of any competitive sport and gymnastics is no exception. He has had major knee surgeries, dental injuries,

and many torn muscles. While going through recovery for his injuries, Ian had to forego hardcore workouts limiting them to upper body only. The result for any gymnast is that the lower body becomes atrophied and the athlete falls behind the competition.

Once fully recovered, Ian had to work twice as hard as he had before to get his body back into the shape it was in prior to the injuries. This didn't hinder Ian, who accepted the challenge as a true athlete, put in the work, and succeeded.

Ian's determination both academically and athletically has culminated in his being accepted into the school of his dreams. In the fall of 2018, Ian will be a freshman at Stanford. As the recipient of a gymnastics scholarship, not only will he be a student, he will also be on the Stanford Gymnastics Team.

Devoting one's life to academics and sports takes a lot of dedication, but there is always room for a little down time. In Ian's quieter moments, he enjoys playing the guitar.

Ian's proud parents have believed in him and supported him all the way. They couldn't have known when they decided to enroll him in gymnastics at the age of four and a half that his love of the sport would inspire him to go on and achieve so much at such a young age.

CKW LUXE would like to congratulate Ian Gunther on being the Fireball Award honoree. As the embodiment of the award, Ian is not only an exceptional athlete, he is also one who understands how important it is to focus on team and individual goals with passion and determination. Ian has set his sights on being part of a world team or an Olympic team. We have no doubt at all he will meet that goal with the same excellence he has with everything that has gone before.

"Visualize your goal, practice your passion, perfect your skills, achieve your dream." - Ian Gunther

Ian Gunther is a gymnast and a member of the class of 2018 at Westside High School in Houston. At Westside, where his favorite subject is Science, Ian maintains excellent grades and is a member of the National Honor Society and the Westside Engineering and Geosciences Academy. He also has the distinction of being a four-year

CKW LUXE Magazine recently announced it is honoring Westside senior, Ian Gunther, with its 2018 Fireball Award. Ian is a student in the Westside Engineering and Geosciences Academy, and is a member of NHS. Outside of school, Ian spends full-time at the gym. He is an elite gymnast with his sights set on the Olympics in the future. He will attend Stanford University in the fall and be a member of their gymnastics team.

CKW Luxe, a philanthropic, inspirational and quality living magazine, supports children's charities. It bestows the Fireball Award on an exceptional youth athlete.

Congratulations to Ian on receiving this award!

Wrestling Sending 3 to State

By Coach Mike Froehlich

Westside Wrestling had another successful Regional Tournament, and will be sending three boys to the State tournament this weekend at the Berry Center in Cypress, TX.

- 106—Christian Lopez (Sophomore), Regional Runner Up, Now a Two-Time State Qualifier
- 120—Daniel Hernandez- Mendoza (Junior), Regional Champion, Now a Two-Time State Qualifier
- 195—Franklin Fitzgerald (Senior), 3rd Place

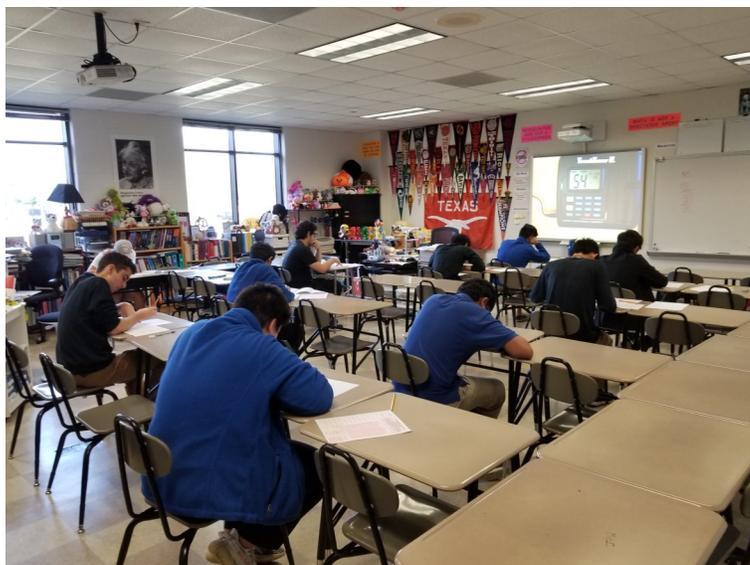
As a team, Westside Finished 8th out of 45 schools represented at the Regional Tournament. This marks the sixth consecutive year that Westside has finished in the Top 10 at Regionals and the sixth consecutive year that Westside has had at least one Boys Regional Champion!



Left to Right-Christian Lopez, Franklin Fitzgerald, and Daniel Hernandez Mendoza

We hope to see you all at the Berry Center this weekend, cheering these boys on as they will compete for a STATE Championship!

Math Competition Test Administered at Westside



Westside's Calculus 3 teacher, Cathy Doxtater, sponsored students sitting for the American Mathematics Competition exam offered by the Mathematical Association of America. The top 5% of scorers are invited to take the American Invitational Mathematics Exam (AIME) and may advance to become members of the US International Mathematical Olympiad team. All boys taking the exam this year. Calling all ladies to get involved next year!

Softball Team Takes Service to Heart

Coach Shea Parker and the ladies of the Westside Softball Team have committed their support to a cause that is near and dear to their hearts. Coach Parker's nephew, and softball player Caitlin Jones's little brother, both have Congenital Heart Disease (CHD). Each year, Coach Parker takes on a team service project to show her girls the importance of community and selflessness. This season, the team is dedicating their efforts to a program at Texas Children's Hospital which has impacted both of their softball families' heart patients.

During their stays at Texas Children's, both families noted that, although there are lots of activities and goodie bags for little kids, older patients were bored with their options. The team is collecting gift items (playing cards, fidget spinners, Rubik's cubes, adult coloring books and pencils, fuzzy socks, etc.) plus bags/containers to donate to TCH to enhance the offerings for older patients.

From now through the end of April, the Westside Community is invited to contribute to the team's project:

- Click [here](#) to order gifts and goodies from the Amazon Wish List. You may also purchase similar items locally and drop them off at school labelled "Softball Project".
- Click [here](#) to make a donation to the project on their Pay Pal page
- Click [here](#) to purchase bags/containers



Highlights from the Student Handbook

Cell Phone Usage Policy

- **No-Cell-Phone Policy**

Students are not allowed to use a cell phone during school hours, with the exception of the lunch period.

- **Approved Times for Cell Phone Usage**

Before school, after school, during passing periods, and during students' assigned lunch periods

- **Students are expected to turn phones off prior to entering the threshold of the classroom.**

- **Phones will be confiscated and held if the cell phone usage policy is violated**

<u>Confiscated On:</u>	<u>Released On:</u>
Mon/Tues/Wed	Friday
Thur/Fri	Tuesday

- **Students must pay a fee of \$15 to retrieve confiscated phones**
- **Parents!** Please refrain from calling/texting your child (urgent or otherwise) during class. This will not exempt your child from disciplinary action. Call the dean's office!

Inertia Dances Away with Awards

Last Saturday, the Inertia Dance Co. and Inertia 2 attended the MA HISD Dance Competition at Waltrip High School. This is the first competition of the season for Inertia and the second for Inertia 2. Both teams exhibited tremendous energy and represented Westside very well, dancing away with the following awards:

- 1st place soloist in the 17-18 division, Kiara Guyton.
- 1st place small ensemble performed by Jalon Turner, George Henson, Andrea Minotti, Hue Le, and Myles Watson.
- 1st runner up large ensemble performed by the Inertia Dance Co. girls.
- Inertia 2 walked away with a Super Sweepstakes (a score of 90 or above in all routines from each judge) in their Open, Contemporary, and Hip Hop routines.
- Inertia received high point recognitions and Super Sweepstakes awards in all of their routines that included Jazz, Open, Contemporary, and Hip Hop.

Inertia received a total point score of 869, one of the highest at the competition. Next, Inertia will be traveling to George Ranch High School to compete at Showtime's Regional competition. #inertiaproud



Left to Right—Inertia Director, Mr. Paule, with First Place Soloist Kiara Guyton, and Inertia teacher Ms. Altamirano



Soccer Coach Earns Prestigious Diploma

This past week, World Geography teacher and freshman Soccer coach, Ivan Gonzalez, traveled to London, England for a seven-day professional development opportunity hosted by West Ham United Academy. He trained and attended classroom sessions with the coaching staff of the Academy, including Academy Manager, Terry Westley, and International Academy Coaching Director, Paul Heffner. Coach Gonzalez earned a youth soccer Coaching Diploma.



Swimming: State Results

Two Westside swimmers participated in the Texas 6A State Swim Meet at the University of Texas in Austin last weekend.

Junior Annika Ruehlicke swam the 500yd Freestyle and was seeded 17th heading into the preliminary round on Friday. She dropped over 4 seconds off her time, moving up to 8th place, and earning a spot in the finals on Saturday. In the finals she placed 8th in the state of Texas.

Freshman Emma Clark swam the 100yd Backstroke and entered the meet seeded 19th out of field of 24 elite swimmers. Despite an excellent effort and a very good time, she fell a little short in making it to the finals. Emma is the first Freshman in the history of Westside Swimming to go to the State Swim Meet.

Coach Sikkema congratulated both girls and assured them, "You WILL be back, and will bring more Westside swimmers to 6A State next year."



Left to Right—Kendall Hoffman, Emma Clark, Valeria Zanetti, and Annika Ruehlicke . Emma and Annika enjoyed support at the State Meet from their Westside teammates.

Announcements

Want to try
YOGA?
 Thursdays
 A and B Lunch
 N144
 Ms. Lumpkin, Choices Counselor

Saturday Tutorials

Spring Semester

March	3/3 & 3/24
April	4/7, 4/21, & 4/28
May	5/5 & 5/19

9 AM — 12 Noon
Students must arrive by 9:15!
Bring ID's, laptops & assignments

Choices Presents
Parent Nights
 February 5, 2018
 Sex: Protect & Prepare Your Teen From Hook-Up Culture
 March 5, 2018
 Prevent Teen Alcohol Use, Binge-Drinking & Driving Under the Influence
 April 5, 2018
 Current Drugs of Abuse; What Parents Need to Know
 Once a Month
 Make Your Calendar!
 Ms. Lumpkin
 CHOICES Counselor
 6:00PM - 7:00PM
 N-144

Credit Appeal
Super Saturdays
Spring Semester Dates
 Feb. 24 8 am-12 Noon

Announcements



★ *Westside High School Presents* ★

Together with Tech Competition

February 23, 2018
2-5 Students Per Group

Contact: amerrive@houstonisd.org

How To Participate

Join Hub Course - "HISD Together with Tech"
Choose a Topic

- Mind
- Body
- Soul

Prizes: Community Hours, Credit Recovery, Medals!!

Choose a Division

- Digital Voice
- Engineer a Solution
- Code it (apps)



February Is Black History Month

Programs:
Feb. 22 & 28
11:30 AM
Mini-Theatre



Westside's
French Exchange Students
arrive on Thursday
Be sure to say Bonjour!

Announcements

Click [Here](#) for HISD Summer Opportunity Summit

HOUSTON INDEPENDENT SCHOOL DISTRICT



Save Your Summer!



Saturday, March 3, 2018 • 9 a.m. to noon

Hattie Mae White Educational Support Center
4400 West 18th Street • Houston, TX 77092

Rescue yourself from boredom and gain valuable skills and experiences

HISD
PK-12 Students
& Parents

Breakfast
provided

30+
Enrichment
Providers

Bring
your laptop

FREE Event &
Giveaways



Computer
Programmer

CompuCamp

Police Officer

Houston Police
Explorers

Filmmaker

Wonderworks

Zoologist

Camp Zoofari

President

National Hispanic
Institute (NHI)

HISD College & Career Readiness
ASPIRE. PREPARE. SUCCEED.

Discover U
Fantastic Learning Opportunities

OUT•2•LEARN



HoustonISD.org/CollegeReadiness



@HISD2College



CollegeReadiness@HoustonISD.org



713-967-5231



Class of 2018 News

Yearbooks

**Last day to
order online!**

<https://www.smart-pay.com/>

Don't delay!
We only have **33 left to sell!**
If you want a book...do it now!

\$85

Contact Ms. Roberts at
srobert2@houstonisd.org

Or see her in E244
For cash purchases/more info.

Senior Countdown

Senior Dues

\$200

Submit payment in cash in A205

Or pay by credit card:

<https://www.schoolpay.com/>

Prom 2018

Enchanted Garden!

May 4th, 8pm-12:30am

*Omni Houston Hotel Westside
Eldridge Parkway at Katy Freeway*

Followed by After Prom, 1-5:30am

*Dave & Busters
6010 Richmond*

Senior Honors Night

Monday, May 21

6:30-9:00 pm

Senior Picnic June 1st, 12-2 pm

Graduation Ceremony

Saturday, June 9th

3:00 PM at NRG Stadium

WESTSIDE



WOLVES



**Please support our
PTO Business Partners!**

A Cut Above Florals
1396 Eldridge Parkway

AMAZON SMILE

<https://smile.amazon.com/ch/76-0633700>

Josephine's Day Spa & Salon
Now re-opened on Eldridge!

Kroger Community Rewards Program
Link your card to Westside HS PTO, #79002

RANDALL'S
LINK YOUR CARD TO #8860

State Farm Insurance Agent: Andrew Maule
\$5 Donation/Quote (832)328-0774

Your patronage is appreciated!

Quick Links

School Web Address:

<https://www.houstonisd.org/westsidchs>

HISD Web Address:

<https://www.houstonisd.org>

Subscribe to receive eNews by eMail:

[click here](#)

Yearbook Orders:

<https://www.smart-pay.com/>

Submit news and pics to the eNews:

newsatwhs@gmail.com

School Pay:

Pay your senior dues, Power Up, band/orchestra/choir fees, and some athletics fees. [Instructions](#) if needed.

<https://www.schoolpay.com/>